



KRATOM TRAINING BULLETIN

The popularity of the drug Kratom (aka *Mitragyna Speciosa*, the plant name) has continued to increase among all age groups. This bulletin will highlight the popularity of Kratom, where it can be purchased along with some of the other names that Kratom trends under.

COMMON KRATOM STRAIN NAMES (to name a few):

• Maeng Da • Borneo • Bali • Indo •

★ WHAT IS KRATOM? WHY SO POPULAR?

Kratom is a natural herb/plant....it is NOT a synthetic. Meaning Kratom is grown and not made in a lab. Kratom is not regulated in most states and it is not a scheduled drug federally. This basically means you can purchase it in most states at retail stores or you can order it online. Most states do not have an age restriction on Kratom and in states where Kratom is legal there are generally no quantity limits. Many schools districts do have policies that address various (legal) drugs and this could be a policy violation in some of those districts for youth to be in possession of Kratom.



★ WHY DO PEOPLE USE IT AND HOW DO PEOPLE USE IT?

This is the big question that really can't be completely answered in a simple training bulletin, but we will address a few of the topics. Kratom is a natural, herbal painkiller. It is a drug that makes its way to the US mostly from other countries, primarily Asia. Many will use it for its painkiller effects and other might use it as "addiction replacement". As for any drug use it is person specific. When discussing drug seekers and Kratom some who use opioids will use Kratom in place of those drugs and others will use it to help with opioid withdrawals. Some might use Kratom in an attempt to avoid being detected on drug tests. Some youth (who might not fall under the above reasons) might gravitate to Kratom due to it being available in retail stores and not regulated in their state.

★ BASIC STREET LEVEL INFO:



As highlighted in the photo to the left Kratom will sometimes be marketed under different names or variations of those names. Basically, the different names are different strain types of Kratom. Also, packaging of Kratom can look vastly different due to the fact there is no standardization or consistency with the packaging.

★ KRATOM FORMS:

Powder (generally added to tea), capsules, leaf, drink, dropper, mouth spray and vape oil.

★ FOR MORE INFO:

-[Dea.gov/factsheets/kratom](https://www.dea.gov/factsheets/kratom)

-[fda.gov/news-events/public-health-focus/fda-and-kratom](https://www.fda.gov/news-events/public-health-focus/fda-and-kratom)

KRATOM FACTS:

Not FDA Approved

Some states have regulations on Kratom
Can be found in some retail store or online

Might be sold under other brand names
(but generally will list Kratom somewhere on the package)

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