

2014 Drug Court Institute

August 4 & 5, 2014

Child Protection Drug Court Training

August 6, 2014

Riverside Hotel
2900 Chinden Blvd.
Boise, Idaho 83714

Agenda

Day One

Monday, August 4, 2014

9:00 – 9:15 am

Welcome and Opening Remarks

Hon. Roger Burdick, Chief Justice, Idaho Supreme Court
Patti Tobias, Administrative Director of the Courts

9:15 – 10:15 am

Plenary Session – Managing a Trauma - informed Courtroom

Hon. Marcia Hirsch, Presiding Judge, Queens (New York) Drug Treatment Court, DWI Treatment Court, MH Court, Veterans Court and Drug Diversion Court

Learn how the courtroom can be a re-traumatizing environment, triggering unexpected and undesirable responses from drug court participants. Examine how real world modifications and adaptations can be made to improve responses and outcomes for drug court participants.

Learning Objectives:

- Explore how prior trauma experiences can impact behavior in a drug court setting.
- Discuss how courtroom practices can trigger unwanted responses from participants due to prior trauma experiences.
- Analyze how courtroom practices can be modified to minimize the possibility of re-traumatizing drug court participants.

10:15 – 10:30 am

Break

10:30 – 11:30 am

Plenary Session – MythBusting Drug Testing

Paul Cary, Director, Toxicology and Drug Monitoring Laboratory, University of Missouri Health Care

What is fact and what is fiction? Using the popular Discovery Channel's show "MythBusters" as a launching point, this session will investigate and evaluate many of the popular myths associated with drug testing. This presentation aims to "prove" or "bust" the myths your clients use to rationalize unfavorable drug testing results. Learn how to be more savvy than your clients.

Learning Objectives:

- Review the most popular myths used to discredit drug testing results.
- Analyze how these myths are designed to confuse drug test results interpretation.

- *Explore the origins of drug testing myths and why they perpetuate.*

11:30 – 12:30 pm

Lunch

12:45 – 2:15 pm

BREAKOUT SESSIONS

Breakout Session - Ballroom

Legal Ethical Issues in Adult Drug Court – Best Practices for Judges and Attorneys

James Egar, *Criminal Defense Counsel, Monterey County, California and Consultant, National Drug Court Institute*

Drug Courts present many legal and even constitutional issues. Best practices integrate important legal considerations with research findings on effectiveness. This session will present current legal foundations and update recent appellate decisions.

Learning Objectives:

- *Review key legal best practices for adult drug courts.*
- *Identify recent appellate decision impacting adult drug courts.*
- *Discuss common legal dilemmas and identify effective approaches to their resolution.*

Breakout Session – Liberty Room

Harnessing the Power of Lived Experience

Martha Ekhoff, *Director, Member and Family Affairs, Optum, Inc. (Idaho Medicaid Behavioral Health Plan)*

Jim Meers, *Peer Mentor Coordinator, Ada County Veteran's Court*

Michael Armand, *Program Specialist, Recovery Coach Project, Idaho Department of Health & Welfare, Boise*

Learning Objectives:

- *Discuss the types of peer support positions that might be used in a drug court.*
- *Review appropriate functions and tasks that should be assigned to peer support personnel in drug courts.*
- *Discuss the contributions of peer support personnel and how these practices lead to the success of drug court participants.*
- *Explore the appropriate training for peer support personnel.*
- *Review common challenges facing peers as they support others in a drug court.*

Breakout Session – Cinnabar Room

Effective Skills for Supervision/Case Management for Probation Officers

Helen Harberts, *Prosecuting Attorney, Butte County California; Chief Probation Officer, Butte County California (Retired) Consultant, National Drug Court Institute*

Effective case management and supervision is a critical element of achieving positive outcomes in the drug court. This session will examine evidence-based practices in effective supervision of offenders in the drug court.

Learning Objectives:

- *Discuss effective practices for offender supervision in drug courts.*
- *Discover new ideas for enhancing the effectiveness of their supervision of drug court participants.*

Breakout Session – Delamar Room**Suicide: Risk Assessment and Response (Part 1)**

Kim Kane, Program Director, Idaho Lives Project, Boise, Idaho, former Director Idaho Suicide Prevention Action Network

This presentation will establish the context of suicide in Idaho, present information on the suicidal mind and dispel common myths about suicide. It will offer information on recognizing the significant risk factors and warning signs of potential suicidality.

Learning Objectives:

- *Examine current suicide data for Idaho*
- *Discover the dynamics of the suicidal mind*
- *Explore commonly held myths and replace with correct information*
- *Review important warning signs*

Break out Session – Aspen Room**Drug Testing: Best Practices**

Paul Cary, Director, Toxicology and Drug Monitoring Laboratory, University of Missouri Health Care

Effective drug testing in Drug Court is essential to the overall success of the program. This presentation is designed for new and advanced Drug Court team members who want a comprehensive review designed to provide information and strategies for building and maintaining a successful abstinence monitoring program. Collection strategies and result interpretation – two essential components of a credible testing program will be discussed. Attendees will learn the reasons for testing, how to select clients for maximum abstinence surveillance, and what specimens yield the best results. Additional focus issues will include controlling sample tampering and the use of creatinine measurements, the application of EtG/EtS monitoring, the challenges of on-site testing, dispelling popular drug testing myths and much more. This skills building session is intended to encourage practitioners to know more about drug testing than their clients.

Learning Objectives:

- *Learn the best practices in drug testing to ensure the success of abstinence monitoring.*
- *Gain knowledge about different specimen types; their advantages and disadvantages.*
- *Understand how specimen tampering can defeat your abstinence monitoring efforts.*

2:15 pm – 2:30 pm

Break

2:30 – 4:00 pm

BREAKOUT SESSIONS**Breakout Session – Cinnabar Room**

Prosecutors' Dilemmas in Drug Court

Helen Harberts, Prosecuting Attorney, Butte County California; Chief Probation Officer, Butte County California (Retired), Consultant, National Drug Court Institute

Prosecutors can feel that they walk a tightrope as they work in the drug court environment. This session will examine the common challenges faced by prosecutors engaged in the drug court. Participants will discuss effective strategies to address these challenges.

Learning Objectives:

- *Explore the common challenges and solutions facing the drug court engaged prosecutor.*
- *Analyze research that supports effectiveness of drug courts in community protection, both in the short and long term.*

Breakout Session – Delamar Room

Suicide: Intervention Strategies (Part 2)

Kim Kane, Program Director, Idaho Lives Project, Boise, Idaho, former Director Idaho Suicide Prevention Action Network

This presentation will build on part 1 and focus on skills for suicide intervention and prevention and offer participants some assessment and response skill development scenarios.

Learning Objectives

- *Explore skills for effective listening*
- *Increase understanding of the suicide assessment process*
- *Examine current resources for getting help for the individual*
- *Practice basic assessment and intervention skills*

Breakout Session – Liberty Room

Judicial Leadership and Procedural Fairness

Hon. Marcia Hirsch, Presiding Judge, Queens(New York) Drug Treatment Court, DWI Treatment Court, MH Court, Veterans Court and Drug Diversion Court

Procedural fairness has demonstrated critical importance is achieving participant compliance with court expectations, continuing engagement in the therapeutic process and in the ultimate effectiveness of the problem-solving court. Judges play a critical role in assuring procedural fairness in the problem-solving court and this session will explore concrete strategies for enhancing procedural fairness.

Learning Objectives:

- *Discuss the critical importance of procedural fairness to effective problem-solving court operations and the achievement of positive participant outcomes*
- *Discover new strategies for achieving participant perceptions of procedural fairness in the problem-solving court*

Breakout Session - Ballroom

Legal Ethics in Problem-solving Courts – Defense Attorneys

James Egar, Criminal Defense Counsel, Monterey County, California and Consultant, National Drug Court Institute

Drug courts may seem to challenge expectations for defense attorneys in

exercising ethical obligations. This session will dispel this misunderstanding and offer an opportunity to explore the ethical responsibilities of providing legal perspectives to the drug court team and to drug court participants.

Learning Objectives:

- *Explore how the drug court setting interacts with the traditional expectations of legal ethical responsibilities of defense attorneys.*
- *Examine the expected legal and ethical responsibilities of the defense attorney in a drug court and discuss strategies for carrying out these responsibilities*

Breakout Session – Aspen Room

The Fundamentals of Urine Specimen Tampering

Paul Cary, Director, Toxicology and Drug Monitoring Laboratory, University of Missouri Health Care

The ramifications of a positive drug test (i.e. sanction, program expulsion, imprisonment, etc.) combined with the denial component of substance abuse often create circumstances whereby clients feel the need to “beat the drug test” by tampering with their urine sample. Sample tampering represents a significant challenge to the court’s mission and can threaten to undermine the legitimacy of the court’s policies and procedures as well as its decisions. This session is for new Drug Court team members and will discuss many issues associated with client specimen tampering – dilution, adulteration and substitution.

Learning Objectives:

- *Gain fundamental knowledge about urine specimen tampering.*
- *Understand the importance of urine creatinine measurements and the best way to use these levels in a therapeutic context.*
- *Describe two major categories of specimen tampering and how to gain program control.*

4:00 pm – 4:15 pm

Break

4:15 pm – 5:00 pm

Plenary – Ask the Experts

Faculty from Today’s Sessions

Day One of the Drug Court Institute will bring together many experts in various elements of drug court operations. This session will provide an open forum for questions to one or more of these experts.

5:00 pm

Adjourn for the day

5:15 pm – 6:15 pm

Court Coordinator Meeting (Northstar Room)

Day Two

Tuesday, August 5, 2014

8:15 am – 8:30 am

Reconvene and Welcome Back

8:30 am – 9:30 am

Plenary - Understanding and Responding to Traumatic Brain Injury

Jamie Champion, Ph.D., Clinical Neuropsychologist, Boise VA Medical Center;
Brienne Dyer, Psy.D., Neuropsychologist, Boise VA Medical Center

Many drug court participants have suffered one or more serious traumatic brain injuries (TBI). Such injuries have significant and potentially lasting impacts on cognitive and behavioral functioning in ways that can be barriers to successful

drug court performance. This session will present information on the impacts of TBI and the accommodations that can lead to improved outcomes for participants.

Learning Objectives:

- *Discuss the prevalence and significance of Traumatic Brain Injuries (TBI).*
- *Identify common behavioral impacts from TBI and the prognosis for behavior management and change.*
- *Identify how effective accommodations and interventions can improve outcomes for drug court participants with TBI.*

9:30 am – 9:45 am

Break

9:45 am – 10:45 am

Plenary – Drug Court Outcomes: What the Research Tells Us

Dr. Shannon Carey, Executive Vice President of Development and Senior Research Associate, NPC Research, Portland Oregon

A substantial body of research has been conducted on the specific practices in drug courts that lead to superior outcomes with respect to reducing future criminal behavior and achieving positive cost benefit from drug court participation. This presentation will provide an overview of the outcome findings and the most important operational principles and practices necessary to achieve these desired outcomes.

Learning Objectives:

- *Review the latest research on drug courts and discuss how to use it to shape drug court operations.*
- *Discuss the important practices for achieving positive drug court outcomes.*
- *Analyze practices and principles necessary to realize positive cost benefit for drug court participants.*

10:45 am – 11:00 am

Break

11:00 am – 12:15 pm

BREAKOUT SESSIONS

Breakout Session – Ballroom

Incentives and Sanctions: Getting Down to Specifics (Part 1)

Dr. Shannon Carey, Executive Vice President of Research Expansion and Development and Senior Research Associate, NPC Research, Portland Oregon

This session will present the most up to date science-based procedures for using incentives and sanctions to modify participant behavior and establish pro-social behavior patterns.

Learning Objectives:

- *Review the scientific principles behind the use of incentives and sanctions to modify drug court participant behavior and gain compliance with program requirements.*
- *Identify a wide variety of potential incentives and sanctions.*
- *Match incentives and sanctions to the four phases of the drug court program.*

Breakout Session – Cinnabar Room

Engaging the Community / Enhancing Drug Court Resources

Kirsten Frescoln, *Former Statewide Coordinator for problem-solving courts in North Carolina, Consultant for National Drug Court Institute and the Center for Court Innovation*

Drug courts often begin their implementation planning with broad community input and involvement but as they continue to operate may become insulated from the community and thereby limit the resources available for their participants. This session will challenge drug court teams to think beyond the narrow resources of probation and substance abuse treatment to broader community engagement and a more diverse set of resources for participants.

Learning Objectives:

- *Review strategies for reengaging the community in the operation of the drug court.*
- *Identify potential resources that may be available to their participants through broader community engagement.*
- *Develop a preliminary plan for reengaging the community and expanding available resources*

Breakout Session – Aspen Room

Using Motivational Interviewing to Strengthen Drug Court Practices

Ron Jackson, M.S.W., *Executive Director, Evergreen Treatment Services, Seattle, Washington (Retired); Member National Institute of Drug Abuse, Clinical Trials Network, Consultant, Northwest Addiction Technology Transfer Center.*

Offenders often come to drug court with considerable ambivalence about being involved in the program. While drug court is a “voluntary” program, often the only presented alternative is incarceration and the motivation to actively participate in the program is very limited. This session will explore motivational interviewing strategies to resolve ambivalence and increase engagement leading to greater offender compliance with program requirements.

Learning Objectives

- *Increase understanding of the dynamic of ambivalence and how to address it in drug court participants.*
- *Analyze the nature of motivation and how to enhance it in offenders.*
- *Discuss specific motivational interviewing strategies that can be used in drug court to improve engagement and positive outcomes.*

Breakout Session – Liberty Room

Responding to Traumatic Brain Injury

Jamie Champion, Ph.D., *Clinical Neuropsychologist, Boise VA Medical Center;*
Brienne Dyer, Psy.D., *Neuropsychologist, Boise VA Medical Center*

Many drug court participants have suffered one or more serious traumatic brain injuries (TBI). Such injuries have potentially significant and lasting impacts on cognitive and behavioral functioning in ways that can be barriers to successful drug court performance. This session will present information on accommodations that will lead to improved outcomes for participants.

Learning Objectives:

- *Review common behavioral impacts from TBI and how these might manifest in the drug court environment.*

- *Increase knowledge of effective accommodations and specific interventions that can improve compliance and outcomes for drug court participants with TBI.*

12:15 pm – 1:15 pm

Lunch

1:15 pm – 2:30 pm

BREAKOUT SESSIONS

Breakout Session – Aspen Room

Understanding the Contribution of Medications to Addiction Treatment

Ron Jackson, M.S.W, *Executive Director, Evergreen Treatment Services, Seattle Washington (Retired)*

When the majority of drug court participants were dependent upon methamphetamine there were no approved drugs to address their addiction. With the growing prevalence of prescription and illicit opioids there are a growing number of medications that have demonstrated effectiveness in enhancing outcomes of addiction treatment. Use of these drugs remains controversial in the drug court setting and many misconceptions about their effects and role in treatment continue. This session will provide research findings and explore practices that may enable drug courts to better understand this important adjunct to the other critical elements of drug court treatment.

Learning Objectives

- *Review the current research on the effectiveness and use of addiction medication.*
- *Discuss effective practices for drug courts in utilizing addiction medications as an adjunct to their other treatment interventions.*
- *Assess effective medication assisted treatment and appropriate expectations for treatment providers of providers for drug court offenders.*

Breakout Session - Ballroom

Incentives and Sanctions: Getting Down to Specifics (Part 2)

Dr. Shannon Carey, *Executive Vice President of Research Expansion and Development and Senior Research Associate, NPC Research, Portland Oregon*

This session will continue to discuss the most up to date science- based procedures for using incentives and sanctions to modify participant behavior and establish pro-social behavior patterns.

Learning Objectives:

- *Examine the scientific principles behind the use of incentives and sanctions to modify participant behavior and gain participant compliance with drug court requirements.*
- *Discuss a wide variety of potential incentives and sanctions.*
- *Match incentives and sanctions to the four drug court phases.*
- *Identify problems and solutions to implementing incentives and sanctions in a drug court environment.*

Breakout Session – Cinnabar Room

Understanding Military Culture

Josh Bode, *LCSW, Boise*

Drug Courts and Veterans' Courts offer the structure and support of the drug

court to individuals with military backgrounds. Understanding the culture of the military can enhance the ability to work with service members and veterans in a more effective way. This session will provide an overview of key elements of military culture and how the acculturation of service members and veterans can result in conflicts as they reenter civilian life and participate in the drug court.

Learning Objectives:

- *Identify unique characteristics of military culture.*
- *Explore how service members' and veterans' acculturation to the military norms and expectations can impact reentry to civilian life and efforts to achieve recovery.*
- *Integrate the positive aspects of the military culture when providing services to veterans in drug court.*

2:30 pm – 2:45 pm

Break

2:45 pm – 4:00 pm

Plenary: Teamwork: Building Effective Teamwork

Kirsten Frescoln, *Former Statewide Coordinator for problem-solving courts in North Carolina, Consultant for National Drug Court Institute and the Center for Court Innovation*

Effective drug court outcomes depend to a great extent upon how well the drug court team is able to work together in a collaborative manner and resolve conflicts that may occur. Some conflicts arise when individual team members are unclear on their role and that of other team members. This session will clarify team member roles, and describe strategies for effective teamwork and conflict resolution.

Learning Objectives:

- *Explore the specific roles of each of the drug court team.*
- *Discuss principles of effective teamwork in the drug court setting.*
- *Examine different approaches to dealing with role and philosophical conflicts that sometimes occur in drug court teams.*
- *Integrate new methods of strengthening drug court teams.*

4:00 pm

Closing Remarks and Adjourn

Norma Jaeger, *Problem Solving Court Specialist, Idaho Supreme Court*

4:10 pm

District Problem-solving Court Managers Meeting (Riverside Boardroom)

Kerry Hong, *Community and Family Justice Services Director*

Scott Ronan, *Senior Manager*

Ryan Porter, *Behavioral Health & Quality Assurance Manager*

Christina Iverson, *Sentencing Alternatives Manager*

Norma Jaeger, *Problem Solving Court Specialist*

5:30 pm

Child Protection Drug Court Dinner (Aspen Room)

Child Protection Drug Court Training
August 6, 2014
Northstar Room

8:15 am

Welcome

Hon. Bryan Murray, Magistrate Judge, Bannock County, Supreme Court Child Protection Committee Chair
Debra Alsaker-Burke, Child Protection Manager, Idaho Supreme Court
Miren Unsworth, IDHW

8:30 am

Research-based Practice: 10 Key Components and National Guidelines
Shannon Carey, PhD, Executive Vice President of Research Expansion and Development and Senior Research Associate, NPC Research, Portland Oregon

Dr. Shannon Carey will report on the results of outcomes research of multiple child protection drug courts and identify the key evidence-based practices associated with positive outcomes and cost effective results.

Learning Objectives

- *Explore the current state of research findings on the effectiveness of child protection drug courts for key child welfare outcomes.*
- *Explore the research findings on specific practices in child protection drug courts most associated with positive client outcomes and cost benefits.*
- *Analyze which practices are essential to the effective drug court operation.*
- *Discuss changes in the drug court processes necessary to achieve the most cost-beneficial results.*

9:45 am

Break

10:00 am

Implementing Best Practice (Part 1)
Meghan Wheeler,

Meghan Wheeler will provide detailed guidelines and information on implementing best practices in child protection drug courts.

Learning Objectives

- *Review the essential components of effective child protection drug courts.*
- *Discuss specific operational principles and strategies designed to implement these key components in Idaho.*
- *Analyze how the 10 key components relate to the research-based practices found to impact child protection drug court outcomes.*

11:15 am

Break

11:30 am

Implementing Best Practice (Part 2)
Meghan Wheeler,

Meghan Wheeler will provide additional information to inform courts of the best practices and identify ongoing resources to assist in enhancing operations to better address best practices.

Learning Objectives

- *Continue discussion of operational principles and strategies designed to implement these key components and adhere to the research based effective practices.*
- *Identify available resources to assist courts in their efforts to fully implement evidence-based practices.*

12:15**LUNCH – Liberty Room****1:15 pm****Trauma Informed Practice**

Laura Porter, Senior Director, ACE Learning Institute, Comprehensive Health Education Foundation, Seattle Washington

Laura Porter will provide an overview of research on trauma prevalence and consequences, the likely behaviors associated with trauma and practices that can lead to better court and treatment outcomes.

Learning Objectives

- *Explore current research on the prevalence and consequences of trauma and how trauma leads to behaviors that are likely among child protection drug court families.*
- *Analyze common behaviors among participants in child protection drug courts and discuss strategies for responding effectively.*

2:15 pm**Break****2:30 pm****Trauma Screening and Assessment - CANS**

Miren Unsworth, IDHW

Mike Scholl, LCSW, ACSW, Senior Director, Idaho Field Office & Strategic Consultation, Casey Family Programs/Idaho & Utah

The Department of Health & Welfare is engaged in a process leading to the use of a standardized assessment for families in the system to determine the presence of substance abuse, mental illness and trauma. This assessment will lead to better identification of the needs of families and more timely and definitive planning for reunification or other permanency efforts. Miren Unsworth and Mike Scholl will describe the assessment being developed and discuss future steps in the process and timeline for implementation and its likely impact on child protection drug courts.

Learning Objectives

- *Explore the new assessment process that is being developed by the Department of Health & Welfare to identify family issues in the areas of substance use disorders, mental health issues and trauma in child welfare families.*
- *Discuss the development and attributes of the CANS Assessment (Child and Adolescent Needs and Strengths) that is a part of the instrument being adapted to Idaho's system.*

3:30**Closing Remarks and Next Steps**

Hon. Bryan Murray, Magistrate Judge, Bannock County, Supreme Court Child Protection Committee Chair

Debra Alsaker-Burke, Child Protection Manager, Idaho Supreme Court

Judge Murray and Debra Alsaker-Burke will summarize the take-away messages of the conference and describe some of the planned next steps in the future development of child protection drug courts and their role in the continuum of child welfare system interventions in Idaho.

3:45

Adjourn